World Service Business Conference 2026
Final Conference Report



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World Service Board of Trustees 2026-2027

Trustee	Positions	Committee Assignments (chair)
Alexandra D.	Trustee	
Alice W.	Trustee	
Beverly M.	Region One Trustee Liaison Treasurer Executive Committee Member	Delegate Support Fund Internal Information
Blair P.	Region Six Trustee Liaison	Young Adults
Bob L.	Chair of the Board Executive Committee Member	
Bruce R.*	Trustee	
Cindy C.	Trustee Second Vice Chair Executive Committee Member	Board Reference Manual Review Conference-Approved Literature Literature Review
Cyndy L.	Trustee First Vice Chair Executive Committee Member	Materials Approval Strategic Planning Website Review
Emilia I.	Region Nine Trustee Liaison	International Publications/ Translations Unaffiliated Service Boards
Gary D.	Region Eight Trustee Liaison Executive Committee Member	Region Chairs
Juliette R.	Region Five Trustee Liaison	Conference Planning Twelfth Step Within
Karen C.*	Region Three Trustee Liaison	
Laurie O.	Virtual Region Trustee Liaison	Public Awareness/Professional Tradeshows Public Information/Professional Outreach
Michelle D.	Region Two Trustee Liaison	Convention
Preston F.	Region Seven Trustee Liaison	Unity with Diversity
Susan M.	Region Ten Trustee Liaison Executive Committee Member	E-Commerce Ad Hoc Reference

*Appointed in June 2026 to serve until World Service Business Conference 2027.

World Service Delegate Cochairs 2026-2027

Conference Committee	Delegate Cochair
Conference-Approved Literature	Anne W.
Public Information/Professional Outreach	Kathy S.
Reference	Lisa T.
Region Chairs	Loudovika P.
Twelfth Step Within	Debby L.
Unity with Diversity	Sharlotte G.
Young Adults	Robbie T.

General Business Meetings
Overeaters Anonymous, Inc.
65th Annual World Service Business Conference
April 20-25, 2026

Embassy Suites
Albuquerque, New Mexico

Thursday, April 20, 2026 – Business Meeting I

CALL TO ORDER

Chair Bob L. called the 65th Annual World Service Business Conference to order at 8:30 am. Nelly P., Region Nine, led the Serenity Prayer in Italian and in English.

READINGS

Maria P., Region Nine, read the Twelve Steps of Overeaters Anonymous*;* Susan M., Region Five, read the Twelve Traditions of Overeaters Anonymous*;* Miona J., Region Eight, read the Twelve Concepts of OA Service.

WELCOME

The chair welcomed all attendees to the Conference.

CONFERENCE THEME

The chair announced the Conference theme: The OA Solution Is for Life.

CONFERENCE PLANNING CHAIR INTRODUCTION

The chair introduced Conference Planning Chair BJ J.

TRUSTEE INTRODUCTIONS

The chair introduced the Board of Trustees: Trustee and 2nd Vice Chair Cyndy L., Trustee Karen C., Region Nine Trustee Liaison Emilia I., Region Six Trustee Liaison Blair P., Region Two Trustee Liaison Michael K., Trustee Preston F., Trustee BJ J., Virtual Region Trustee Liaison Gary D., Region Ten Trustee Liaison Susan M., Region Eight Trustee Liaison Laurie O., Region One Trustee Liaison and Treasurer Beverly M., Region Three Trustee Liaison Cindy C., Region Five Trustee Liaison Juliette R., Trustee and 1st Vice Chair Meg M., and Region Seven Trustee Liaison and Chair of the Board Bob L.

REGION CHAIR INTRODUCTIONS

The chair introduced the region chairs: Region One Chair Alanna C., Region Two Chair Jeremiah A., Region Three Chair Marla D., Region Five Chair Pam P., Region Six Chair Chuck F., Region Seven Chair Lee Ann S., Region Eight Chair Julia S., Region Nine Chair Loudovika P., Region Ten Chair Sam B., and Virtual Region Chair Cee Z.

STAFF, PARLIAMENTARIAN, CENTER MIC INTRODUCTIONS

The chair introduced Parliamentarian Al Gage, Board Administrator and Conference Secretary Rebbie Garza, Outgoing Managing Director Dan Sandweiss, Incoming Managing Director Rich Valdez, Associate Director and Member Services Manager Sandy Zimmerman, Publications Manager DeDe DeMoss, Digital Communications Manager Kevin McGuire, and Center Microphone Monitor Denise O.

APPOINTMENT OF MINUTES APPROVAL COMMITTEE

The chair appointed Allen B., Region Five; Susan B., Region Eight; and Bruce R., Region Six, to serve as Minutes Approval Committee for the World Service Business Conference 2026 business meetings.

Sandy Zimmerman presented the Credentials Report, confirming that there were 162 eligible voters. By unanimous consent, the Credentials Report was **adopted** as presented.

CREDENTIALS REPORT

The chair declared a quorum present.

QUORUM ESTABLISHED

Conference Agenda
The Conference Agenda was **adopted** as distributed.

CONFERENCE AGENDA ADOPTED

Conference Standing Rules
Move to amend the Conference Standing Rules to read as follows:

STANDING RULES

Standing Rule Amendment 1
Move to amend Standing Rule 2 – General and Communications to read as follows:

STANDING RULE AMENDMENT 1 ADOPTED

2) General and Communications
   A) There will be designated seating in the business meetings for the Board of Trustees, delegates, alternates, and observers.

Standing Rule Amendment 1 **adopted**.

Standing Rule Amendment 2
Move to amend Standing Rule 2 – General and Communications to read as follows:

STANDING RULE AMENDMENT 2 FAILED

2) General and Communications
   F) There will be no eating ~~or chewing gum~~, except for medical purposes, in business meetings, committee meetings, or educational workshops, except that the Reference subcommittee shall be free to eat meals, if necessary, during their sessions.

Standing Rule Amendment 2 **failed**.

The Conference Standing Rules were **adopted** as amended.

STANDING RULES ADOPTED AS AMENDED

Parliamentarian Presentation
Al Gage discussed how to write amendments.

PARLIAMENTARIAN PRESENTAION

The chair reported service body voting results from the Agenda Questionnaire. New Business Motions that received approval and any newly submitted amendments to those motions were presented. Voting results of each New Business Motion were as follows:

NEW BUSINESS MOTIONS PRESENTED

Items A-a, and A-b were procedural motions and were not included on the Agenda Questionnaire. Per Conference policy, amendments to these motions are not in order.

Item A was submitted by OA Sunlight Intergroup and approved by **97%** of the responding service bodies. **Item B** was submitted by Orange County Intergroup and approved by **95%** of the responding service bodies. **Item C** was submitted by Region Nine and approved by **98%** of the responding service bodies. **Item D** was submitted by the Conference Approved Literature Committee and approved by **92%** of the responding service bodies. **Item E** was submitted by the Anorexic/Bulimic Specific

AGENDA QUESTIONNAIRE RESULTS

Focus Service Board and approved by **92%** of the responding service bodies. **Item F** was submitted by the Board Website Review Committee and approved by **96%** of the responding service bodies. **Item G** was submitted by the World Service Business Conference Bylaws Committee and approved by **97%** of the responding service bodies. **Item H** was submitted by the Conference-Approved Literature Committee and approved by **89%** of the responding service bodies. **Item I** was submitted by the Conference-Approved Literature Committee and approved by **80%** of the responding service bodies. **Item J** was submitted by the Virtual Region and approved by **73%** of the responding service bodies. **Item K** was submitted by the Virtual Region and approved by **83%** of the responding bodies. **Item M** was submitted by Milwaukee Area Intergroup and approved by 94% of the responding bodies.

Voting results of each Bylaw Amendment Motion were as follows:

Bylaws Amendment **Item 1** was submitted by the National Service Board OA of Greece and approved by **96%** of the responding service bodies. **Item 2** was submitted by the World Service Business Conference Unity with Diversity Committee and approved by **71%** of the responding service bodies. **Item 3** was submitted by the Anorexic/Bulimic Specific Focus Service Board and approved by **90%** of the responding service bodies. **Item 4** was submitted by the Anorexic/Bulimic Specific Focus Service Board and approved by **89%** of the responding service bodies. **Item 5** was submitted by the Anorexic/Bulimic Specific Focus Service Board and approved by **82%** of the responding service bodies. **Item 6** was submitted by the World Service Business Conference Bylaws Committee and approved by **95%** of the responding service bodies. **Item 7** was submitted by the Virtual Region and approved by **87%** of the responding service bodies.

Consent Agenda

CONSENT AGENDA ADOPTED

The following items were placed on the Consent Agenda:
New Business Motion **A** (WSBC Policies 1979c and 1986b)
New Business Motion **C** (WSBC Policy 1980d)
New Business Motion **F** (WSC Policy 2010e)

Motion required 2/3 vote to adopt. The Consent Agenda was **adopted** as amended.

The chair referred the assembly to the reports presented in the Conference binder.

OFFICER, REGION, AND COMMITTEE REPORTS

There was a question/answer period and questions were asked and answered.

New Business Motion A-a

NBM Aa
HEALING THE MIND, BODY AND SPIRIT
ADOPTED

Move to grant the Conference Seal of Approval to the manuscript *Healing the Mind, Body, and Spirit: Mental Health and Recovery in Overeaters Anonymous.*

Motion required 2/3 to adopt. New Business Motion A-a **adopted**.

New Business Motion A-b

NBM Ab
UNITY WITH DIVERSITY CHECKLIST
ADOPTED

Move to grant the Conference Seal of Approval to the revised manuscript *Unity with Diversity Checklist.*

Motion required 2/3 to adopt. New Business Motion A-b **adopted**.

Following announcements, the chair adjourned the meeting at 11:31 am. with I Put My Hand in Yours.

ADJOURNMENT

Thursday, April 23, 2026 – Business Meeting II

Chair Bob L. called the second business meeting to order at 1:00 p.m. Kika I., Region Nine, led the Serenity Prayer in Greek and in English.

CALL TO ORDER

Robbie T., Region Nine, read from *For Today.*

READINGS

There was no change to the Credentials Report. It was **adopted** as presented.

CREDENTIALS REPORT ADOPTED

The trustee candidates Alexandra D., Alice W., Beverly M., Gary D., Karen C., and Michelle D. were presented, and each addressed the assembly for five minutes, and then answered questions from the floor for ten minutes.

TRUSTEE CANDIDATE PRESENTATION

New Business Motion G

NBM G AMEND WSBC POLICY 1979e ADOPTED

The Reference Subcommittee did not consider this motion.
Move to amend WSBC Policy 1979e to read as follows:

> It was adopted to:
> Ensure personal anonymity is maintained, the online version of the Final World Service Business Conference Report will only include first names and last initials in minutes and reports. The contact section of the report, which includes names, phone numbers, and email addresses of delegates will be emailed to delegates before or at the start of Conference and following Conference. Delegates who have opted into distributing their contact information will be included on the contact list. "For Use Within OA Only" will appear at the top of this list.

Motion required majority to adopt. New Business Motion G **adopted** as amended.

New Business Motion E

NBM E AMEND WSBC POLICY 1984a ADOPTED

The Reference Subcommittee did not consider this motion.
Move to amend WSBC Policy 1984a to read as follows:

> Upon the recommendation of the Literature Committee, a preamble for Overeaters Anonymous was adopted to read:
> Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive eating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

Motion required majority to adopt. New Business Motion E **adopted**.

New Business Motion H

NBM H
AMEND POLICY 1993a
ADOPTED

The Reference Subcommittee did not consider this motion.
Move to amend WSBC Policy 1993a to read as follows:

> It was adopted that:
> We, the Business Conference of Overeaters Anonymous, suggest that OA meetings and events use any of the following: the Serenity Prayer, the Seventh-Step Prayer, the Third-Step Prayer, or the OA Promise *I Put My Hand in Yours*.

Motion required majority to adopt. New Business Motion H **adopted** by standing count; 93 yes, 60 no.

New Business Motion K

NBM K
AMEND POLICY 1984b
REFERRED TO COMMITTEE

Move to amend WSBC Policy 1984b by striking and inserting as follows:

> It was adopted that:
> Every two years Overeaters Anonymous will hold a virtual retreat, which all members are encouraged to attend.
>
> ~~The~~ Additionally, World Service Conventions will be ~~held~~ scheduled at a time and place to be determined by the Board of Trustees.

New Business Motion K **referred** to committee.

Following announcements, the chair adjourned the meeting at 4:50 pm with I Put My Hand in Yours.

ADJOURNMENT

Friday, April 24, 2026 – Business Meeting III

Chair Bob L. called the third business meeting to order at 8:30 am. Olivier P., Region Nine, led the Serenity Prayer in French and in English.

CALL TO ORDER

Beverly B., Region Five, read from *Voices of Recovery*.

READINGS

There was no change to the Credentials Report. It was **adopted** as presented.

CREDENTIALS REPORT

The trustee nominees were recognized.

TRUSTEE NOMINEES RECOGNIZED

The trustee election ballots were posted, cast, and counted.

TRUSTEE BALLOT

The chair announced the ballot results for the trustee election:

TRUSTEE TELLER'S REPORT

Alexandra D. 82 "yes" votes
Alice W. 142 "yes" votes
Beverly M. 142 "yes" votes
Gary D. 151 "yes" votes
Karen C. 149 "yes" votes
Michelle D. 137 "yes" votes

The chair declared Alexandra D., Alice W., Beverly M., Gary D., Karen C., and Michelle D. as trustees with three-year terms.

NEW TRUSTEES DECLARED

One trustee position was declared vacant.

VACANT POSITION DECLARED

Dan Sandweiss was directed to destroy the ballots.

BALLOTS DESTROYED

New Business Motion B

NBM B
AMEND POLICY 2010b
ADOPTED

The Reference Subcommittee had no recommendation.
Move to amend WSBC Policy 2010a to read as follows:

> The following policy statement was adopted:
> **Statement on Approved Literature**
> In accordance with our Traditions, we suggest that OA groups maintain unity and honor our Traditions by using, selling, and displaying only approved books and pamphlets at their meetings. This includes OA Conference- and board-approved literature; AA Conference-approved books, booklets, and all future editions thereof, with an original edition copyright of 2010 or earlier, and the Plain Language Big Book; and locally produced OA literature. Although groups may choose to focus on only one piece of OA-approved literature, individuals and groups are encouraged to use any and all OA-approved literature. Locally produced literature must be developed according to the *OA Guidelines for Locally Produced Literature* and should be used with the greatest discretion. Local literature should be considered temporary and discontinued when OA literature approved for general use is available to cover the topic.

Motion required majority to adopt. New Business Motion B **adopted**.

New Business Motion M

NBM M
AMEND POLICY 2010a
FAILED

The Reference Subcommittee recommended defeat.
Move to amend WSBC Policy 2010a by striking and inserting as follows:

> The following policy statement was adopted:
> **Statement on Approved Literature**
> In accordance with our Traditions, we suggest that OA groups maintain unity and honor our Traditions by using, selling, and displaying only approved books and pamphlets at their meetings. This includes OA Conference- and board-approved literature: AA Conference-approved books, booklets, and all future editions thereof~~,~~ with an original edition copyright of ~~2010~~ 2026 or earlier; and locally produced OA literature. This also includes the Plain Language Big Book. Although groups may choose to focus on only one piece of OA-approved literature, individuals and groups are encouraged to use any and all OA-approved literature. Locally produced literature must be developed according to the *OA Guidelines for Locally Produced Literature* and should be used with the greatest discretion. Local literature should be considered temporary and discontinued when OA literature approved for general use is available to cover the topic.

Motion required majority to adopt. New Business Motion M **failed**.

New Business Motion D

NBM D
WITHDRAWN

Withdrawn by maker with no objection.

New Business Motion J
Move that the World Service Business Conference direct the Board of Trustees to create a specific focus category titled, "Ethnically Jewish."

NBM J
ETHNICALLY JEWISH SPECIFIC FOCUS CATEGORY
FAILED

Motion required majority to adopt. New Business Motion J **failed** by written ballot; 51 yes, 96 no.

Following announcements, the chair adjourned the meeting at 1:55 p.m. with I Put My Hand in Yours.

ADJOURNMENT

Friday, April 24, 2026 – Business Meeting IV
Chair Bob L. called the fourth business meeting to order at 1:00 pm. Valerie B., Region Nine, led the Serenity Prayer in Bahasa Indonesian and in English.

CALL TO ORDER

Julia S., Region Eight, read from *For Today.*

READINGS

There was no change to the Credentials Report. It was **adopted** as presented.

CREDENTIALS REPORT

Bylaw Amendment Proposal 1
The Reference Subcommittee did not consider this motion.
Move to amend OA, Inc. Bylaws, Subpart B, Article VI – Service Bodies, to read as follows:

BYLAW AMENDMENT PROPOSAL 1
AMEND BYLAWS B, ARTICLES IV AND CONFORMING MOTIONS
ADOPTED

Article VI – Service Bodies

Service bodies are formed to support the groups in matters the group cannot accomplish on their own.

There shall be five types of service bodies to provide services beyond the group level. Service bodies provide support and representation of the groups and intergroups from which they are formed and act as guardians of the Twelve Steps and Twelve Traditions, and Twelve Concepts of OA Service.

Service Bodies
a) Intergroups
b) National Service Bodies
c) Language Service Bodies
d) Specific Focus Service Bodies
e) Regions

Motion required 2/3 vote to adopt. Bylaw Amendment Proposal 1 and conforming motions **adopted**.

Due to adoption of Proposal Item 1, the following conforming motions were adopted.

Conforming Motion 1
Move to amend OA, Inc. Bylaws, Subpart B, Article V – Overeaters Anonymous Groups, Section 2 – Composition, Part c to read as follows:

CONFORMING MOTIONS

Article VI – Service Bodies
Section 2 – Composition

c) Affiliation/Participation:
   1) A group may affiliate with only one intergroup or national service body through the registration process.
   2) Unaffiliated groups that are not ready to form a service body or new groups without any intergroup or national service body in their language may affiliate with an intergroup or national service body that supports groups in their language including translation of OA literature.
   3) Any group or service body may participate in the activities (including voting) of another service body with their permission.

Conforming Motion 2

Move to amend OA, Inc. Bylaws, Subpart B, Article VI – Service Bodies, Section 1 – Composition to read as follows:

Article VI – Service Bodies
Section 1 – Composition

a) Intergroups are composed of two or more groups that have formed a service body for the purpose of supporting and representing these groups that are affiliated with it. Each state/ province/country may have at least one service body (intergroup or national service body). In a state/province/country having only one group, that group may function as an intergroup.
b) National service bodies are composed of groups and intergroups who share a common purpose; to deal with issues that require a combination of membership and financial resources of intergroups and groups established within a single country.
c) Language service bodies are composed of groups, intergroups, and national service bodies to serve the common needs of a language group, regardless of geographic proximity.
d) Specific focus service bodies are composed of two or more groups or intergroups to serve the common needs of groups and intergroups with the same specific focus, regardless of geographic proximity.
e) There shall be ten regions: one virtual region and nine geographic regions each composed of intergroups, groups, and national/ language/specific focus service bodies that fall within its region. Subject to region and Board of Trustees approval, language service bodies that span more than one region may choose to affiliate with any single region or choose not to be affiliated with a region.

Conforming Motion 3

Move to amend OA, Inc. Bylaws, Subpart B, Article VI – Service Bodies, Section 2 – Registration, Part a to read as follows:

Article VI – Service Bodies
Section 2 – Registration

a) Each service body shall be duly registered with the World Service Office of Overeaters Anonymous by submitting:
   1) A completed registration form;
   2) bylaws and/or a summary of its purpose and operating procedures, neither of which shall be in conflict with OA, Inc. Bylaws. At a minimum, such bylaws or summary of purpose shall include a statement indicating that its primary

purpose is to aid those having problems with compulsive eating through the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service, and to serve and represent the OA groups from which it is formed; and

3) complete registration information on:
   i) intergroups – each affiliated group;
   ii) national service bodies – each affiliated intergroup and group;
   iii) language service bodies – each participating group, intergroup, and national service body; and
   iv) specific focus service bodies – each participating group and intergroup.

Conforming Motion 4

Move to amend OA, Inc. Bylaws, Subpart B, Article VI – Service Bodies, Section 3 – Affiliation and Participation by striking and inserting as follows:

Article VI – Service Bodies
Section 3 – Affiliation and Participation

Purpose of Affiliation: To facilitate the count of the groups and service bodies of the Fellowship and to encourage the flow of support and information to all.

Purpose of Participation: To facilitate the support and the flow of information within groups and service bodies that have a common need.

For the purpose of registration and World Service Business Conference representation:

a) An intergroup may affiliate with one national service body if it exists, shall be affiliated with one region, and may participate in one or more language service bodies. If the intergroup affiliates with a national service body, that intergroup may choose to affiliate with the national service body's region or choose to remain in the currently assigned region.
b) A national service body is affiliated with the region where their nation exists and may participate in one or more language service bodies.
c) A language service body may affiliate with one region. When the language service body spans more than one region, it may choose which region to affiliate with. Should a language service body choose to not affiliate with a region, the Board of Trustees chair shall assign a trustee to serve as liaison to that language service body. The service bodies, and groups acting as service bodies, that participate in a language service body retain their original affiliation.
d) A specific focus service body may affiliate with one region. When the specific focus service body spans more than one region, it may choose which region to affiliate with. Should a specific focus service body choose to not affiliate with a region, the Board of Trustees chair shall assign a trustee to serve as liaison to that specific focus service body. The groups that participate in a specific focus service body retain their original affiliation.

A group may choose to affiliate with an intergroup. The group shall be affiliated with the intergroup's region.

Should a group choose not to affiliate with an intergroup, but affiliates with a national service body, that group shall be affiliated with that national service body's region.

Groups that choose not to affiliate with an intergroup or a national service body may choose to affiliate with the region where the group exists or the Virtual Region.

Any group or service body may participate in the activities (including voting) of another intergroup, national service body, language service body, and/or specific focus service body, and region with their permission.

Conforming Motion 5

Move to amend OA, Inc. Bylaws, Subpart B, Article VI – Service Bodies, Section 4 – Functioning and WSBC Representation to read as follows:

Article VI – Service Bodies
Section 4 – Functioning and World Service Business Conference Representation

a) Service bodies may conduct their business by any method they choose.
b) Minimal requirement for registered service bodies to maintain their registration at the World Service Office:
    1) Intergroups shall convene at least once a year, after prior notice has been given to all affiliated member groups, and for election of officers and selection, when necessary, of delegate(s) to the World Service Business Conference of Overeaters Anonymous.
    2) National service bodies shall convene at least once a year, after prior notice has been given to all affiliated member groups and intergroups for election of officers and selection, when necessary, of delegate(s) to the World Service Business Conference of Overeaters Anonymous.
    3) Language service bodies shall convene at least once a year, after prior notice has been given to all member groups, intergroups, and national service bodies for election of officers and selection, when necessary, of one delegate/alternate to the World Service Business Conference of Overeaters Anonymous.
    4) Specific focus service bodies shall convene at least once a year, after prior notice has been given to all member groups for election of officers and selection, when necessary, of one delegate/alternate to the World Service Business Conference of Overeaters Anonymous.
    5) Region assemblies whose members shall be called "region representatives" or "RRs" shall convene at least once a year, after prior notice has been given to all service bodies and unaffiliated registered groups, for the election of officers and/or the selection of nominees for trustee(s) from that region and any sitting trustee from outside of that region who is currently serving as their trustee liaison.
c) To send delegates to the World Service Business Conference a service body must be formally registered, along with its delegate information, thirty days prior to Conference opening. (See Article VIII, Section 3c) for qualifications and selection of delegates.)
d) In order to deregister, a service body submits a written request to the World Service Office, region chair, and trustee liaison; or in the case of a language service body or specific focus service body that is not affiliated with a region, the World Service Office and the trustee liaison.

Conforming Motion 6

Move to amend OA, Inc. Bylaws, Subpart B, Article VII – Board of Trustees, Section 4 – Qualifications, Part a to read as follows:

Article VII – Board of Trustees
Section 4 – Qualifications

a) Qualifications for trustee shall be:
   1) Seven years in the Fellowship;
   2) Five years of service beyond the meeting level, including at least two years of service as a region representative, region committee chair, region board member, region trustee liaison, or having served as a board member of a national service body;

Conforming Motion 7

Move to amend OA, Inc. Bylaws, Subpart B, Article VIII – Meetings of Delegates, Section 3 – Delegates to read as follows:

Article VIII – Meetings of Delegates
Section 3 – Delegates

The delegates to the World Service Business Conference shall be as follows:

a) Voting delegates shall consist of the following persons chosen in accordance with OA, Inc. Bylaws, Subpart B, Article VI, Section 4c) or Article VIII, Section 3c)1:
   1) Delegates from intergroups.
   2) Delegates from national service bodies chosen from groups, intergroups, and countries not otherwise represented.
   3) Delegates from countries not having any geographically based service body.
   4) Each language or specific focus service body is entitled to have one qualified delegate only, regardless of the number of groups or service bodies (at least two meetings) that compose the language or specific focus service body.

c) Qualifications/Selection
   1) Qualifications for selection of World Service delegates/alternates shall be set by each intergroup, region (in the case of region delegates), or national/language/specific focus service body provided that each delegate/alternate shall have at least one year of current abstinence and at least two years of service beyond the group level. (Permission for any exception in qualifications for valid reasons, if deemed credible by the trustees, may be received by application to the World Service Office.)
   2) Each intergroup or national service body shall be entitled to have one qualified delegate for up to the first fifteen groups it represents and one for each additional fifteen groups or any fraction thereof, as per the January Service Body Information Report from the World Service Office, except that the national service body shall not represent the same groups as intergroups represent.
   3) Countries without intergroups or national service bodies that seek representation at the annual Conference shall have at least one delegate. Larger representation shall be determined by the Board of Trustees, with delegate approval in accordance with the number of groups in that country.
   4) Each language or specific focus service body is entitled to have one qualified delegate only, regardless of the number of groups or service bodies (at least two meetings) that compose the language or specific focus service body.
   5) Delegates and alternates should be selected at least fifty days before the annual Conference, and the names forwarded immediately upon selection to the World Service Office of Overeaters Anonymous.

6) If a region, intergroup, or national/ language/specific focus service body does not select its delegate(s) and alternate(s) or fails to inform the World Service Office of Overeaters Anonymous before the annual meeting, such delegate(s) and alternate(s) may appear at the Conference with evidence of their due selection deemed credible by the trustees, and such delegate(s) shall be seated.

CONFORMING MOTIONS

Conforming Motion 8

Move to amend OA, Inc. Bylaws, Subpart B, Article VIII – Meetings of Delegates, Section 8 – Business Agenda, Part c to read as follows:

Article VIII – Meetings of Delegates
Section 8 – Business Agenda

c) New business to be placed on the agenda prior to Conference shall follow the same procedure for submission as for Bylaw Amendments and shall be approved by fifty percent of all intergroups and national/language/specific focus service bodies responding to an Agenda Questionnaire by sixty days prior to the Conference. Other new business of an urgent nature must receive a majority vote of the Reference Subcommittee in order to be brought to the Conference floor.

Conforming Motion 9

Move to amend OA, Inc. Bylaws, Subpart B, Article XII – Bylaw Amendments, Section 1 – Procedure, Part d to read as follows:

Article XII – Bylaw Amendments
Section 1 – Procedure

Subpart B of these Bylaws may be amended as follows:

d) In order for an amendment proposed to be submitted to the World Service Business Conference, these proposals will need to be approved by 50 percent of all intergroups and national/language/specific focus service bodies responding. The Agenda Questionnaire must be returned to the World Service Office by sixty days prior to the Conference.

Conforming Motion 10

Move to amend World Service Business Conference Policy 1993c to read as follows:

WSBC Policy 1993c

It was adopted that:
The World Service Office shall contact all service bodies annually requesting contributions for the Delegate Support Fund to help delegates to attend World Service Business Conferences. Delegates selected to receive funding will be those from intergroups and national/language/specific focus service bodies demonstrating need. Priority will be given to those intergroups and national/language/specific focus service bodies that have not previously sent delegates to Conference.

Bylaw Amendment Proposal Six

BYLAW AMENDMENT PROPOSAL SIX AND CONFORMING MOTIONS

The Reference Subcommittee did not consider this motion.
Move to amend OA, Inc. Bylaws, Subpart B, Article IX – Conference Committees, Section 2 – Bylaws Committee, to read as follows:

BYLAW AMENDMENT PROPOSAL 6 AND CONFORMING MOTIONS ADOPTED

Article IX – Conference Committees
Section 2 – Reference Committee

a) The Reference Committee shall be composed of:
   1) A representative of the Board of Trustees.
   2) Up to two delegates from each region, selected by a method determined practical to the region.
b) Names of the delegates selected shall be sent to the World Service Office forty-five days prior to the Conference.
c) The Reference Committee shall be chaired jointly by the representative from the Board of Trustees (trustee cochair) and one member elected from among the committee members (delegate cochair).
d) The Reference Committee shall meet:
   1) At times designated on the Conference schedule or agenda.
   2) At other times as required by the Conference, the committee trustee cochair, or the chair of the Board of Trustees.
e) The Reference Committee shall operate in accordance with guidelines developed by the Reference Committee and approved by the Board of Trustees.
f) The Reference Committee is a standing committee of the Conference.
g) Members of this committee may be asked to serve on another Conference committee.
h) Five delegates of the Reference Committee will be elected by the committee to serve on the committee throughout the year. The elected members will be exempt from Item g above. This committee, along with the trustee and delegate cochairs, will be available to:
   1) Assist or review motions when requested by any service body or the Board of Trustees.
   2) Review OA, Inc. Bylaws, Subpart B and the Business Conference Policy Manual every three years beginning in 2028.
i) The Reference Committee is exempt from Section 6, Items b and d, of this Article.

Motion required 2/3 vote to adopt. Bylaw Amendment Proposal 6 and conforming motions **adopted**.

Due to adoption of Proposal Item 6, the following conforming motions were adopted.

CONFORMING MOTIONS

Conforming Motion 1
Move to amend OA, Inc. Bylaws, Subpart B, Article VIII – Meetings of Delegates, Section 8 – Business Agenda, Part c to read as follows:

Article VIII – Meetings of Delegates
Section 8 – Business Agenda

c) New business to be placed on the agenda prior to Conference shall follow the same procedure for submission as for Bylaw Amendments and shall be approved by 50 percent of all intergroups and service boards responding to an Agenda Questionnaire by sixty days prior to the Conference. Other new business of an urgent nature must receive a majority vote of the Reference Committee in order to be brought to the Conference floor.

Conforming Motion 2

CONFORMING MOTIONS

Move to amend World Service Business Conference Policy 1991a, Part 6 to read as follows:

WSBC Policy 1991a

It was adopted that:

6) Delegates should be registered by March 1 and have submitted a committee preference form by April 1. Committee assignment is made on a first come, first served basis except the Conference-Approved Literature Committee and the Reference Committee (OA, Inc. Bylaws, Subpart B, Article IX, Sections 1 and 2). Delegates will be notified of their committee assignment at or prior to World Service Business Conference. Service on a committee is expected and the commitment is maintained until the following World Service Business Conference. It is recommended that those serving at the world service level rotate committee assignments every two years.

Bylaw Amendment Proposal 3

BYLAW AMENDMENT PROPOSAL 3 AMEND BYLAWS B, ARTICLE II FAILED

Move to amend OA, Inc. Bylaws, Subpart B, Article II – Twelve Traditions, Tradition Five by striking as follows:

Article II – Twelve Traditions

5) Each group has but one primary purpose – to carry its message to the compulsive ~~over~~eater who still suffers.

Motion required 2/3 vote to adopt. Bylaw Amendment Proposal 3 **failed**; 88 yes, 64 no.

Bylaw Amendment Proposal 4

BYLAW AMENDMENT PROPOSAL 4 WITHDRAWN

Withdrawn by maker

Bylaw Amendment Proposal 7

BYLAW AMENDMENT PROPOSAL 7 FAILED

The Reference subcommittee did not consider this motion.

Move to amend OA, Inc. Bylaws, Subpart B, Article IX – Conference Committees, Section 3 – Region Chairs Committee, by striking and inserting as follows:

Article IX – Conference Committees
Section 3 – Region Chairs Committee

a) The Region Chairs Committee shall act as a channel of communication between the Board of Trustees and the members of the Fellowship in their respective regions, for the purpose of sharing resources and solutions.
b) The Region Chairs Committee shall be composed of the current region chairs only.
c) A region chair may designate an alternate~~, such as the region vice chair,~~ to serve on the committee in their absence.
~~e)~~ d) Section 5 of Article IX does not apply to this committee.

Motion required 2/3 vote to adopt. Bylaw Amendment Proposal 7 **failed**.

Bylaw Amendment Proposal 5
Withdrawn by maker.

BYLAW AMENDMENT PROPOSAL 5 WITHDRAWN

New Business Motion I
The Reference Subcommittee recommended motion with proviso.
Move to amend WSBC Policy 1993a to read as follows:

NBM I AMEND POLICY 1993a ADOPTED AS AMENDED

> It was adopted that:
> We, the 2026 Business Conference of Overeaters Anonymous, suggest that OA meetings and events use any of the following: the Serenity Prayer, The Seventh-Step Prayer, The Serenity Statement, The Third-Step Prayer, or the OA Promise *I Put My Hand in Yours*.
> Proviso: The official Serenity Statement for OA will be written in the rationale of the motion as follows: "I seek the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

Motion required majority to adopt. New Business Motion I **adopted** as amended; 97 yes, 49 no.

Following announcements, the chair adjourned the meeting at 4:51 pm with I Put My Hand in Yours.

ADJOURNMENT

Saturday, April 25, 2026 – Business Meeting V
Chair Bob L. called the fifth business meeting to order at 8:51 am. Lorraine W., Region Nine, led the Serenity Prayer in Danish and in English.

CALL TO ORDER

Cathy G., Region Five, read from *Voices of Recovery*.

READING

There was no change to the Credentials Report. It was **adopted** as presented.

CREDENTIALS REPORT

Bylaw Amendment Proposal 2
The Reference Subcommittee considered and did not reach a conclusion.
Withdrawn by maker.

BYLAW AMENDMENT PROPOSAL 2 WITHDRAWN

Emergency New Business Motion 1
The Reference Subcommittee determined this motion an emergency.
Move that the Executive Committee fully resumes issuing License 2 agreements by September 1, 2026.

ENBM 1 RESUME ISSUING LICENSE 2 AGREEMENTS ADOPTED AS AMENDED

Motion required 2/3 vote to adopt. Emergency New Business Motion 1 **adopted** as amended by written ballot; 137 yes, 10 no.

Consent Agenda Motions

CONSENT AGENDA MOTIONS

New Business Motion A
Move to amend WSBC Policy 1980d to read as follows:

NBM A AMEND POLICY 1980d ADOPTED ON CONSENT AGENDA

> It was adopted that:
> A Conference committee member can petition the Board of Trustees to consider by a two-thirds vote of the Board of Trustees to remove a non-functioning chair of

a specific Conference committee. The vice chair will then assume the position of chair.

New Business Motion A **adopted** on the Consent Agenda.

NBM C
COMBINE POLICIES 1979c AND 1986b ADOPTED ON CONSENT AGENDA

New Business Motion C
Move to combine WSBC Policies 1979c and 1986b to read as follows:

It was adopted that:
The annual World Service Business Conference Delegate Binder will include a copy of the current fiscal year budget overview and treasurer's report, allowing sufficient time to review, assimilate, and prepare any questions for the Conference.

New Business Motion C **adopted** on the Consent Agenda.

NBM F
AMEND POLICY 2010e ADOPTED ON CONSENT AGENDA

New Business Motion F
Move to amend WSBC Policy 2010e to read as follows:

It was adopted to:
Require all groups and service bodies wishing to register with the World Service Office to provide at least one email address and name when submitting their registration request. The required email address is for use within the OA organization and will not be published unless the contact has given permission.

New Business Motion F **adopted** on the Consent Agenda.

GREEN DOT CEREMONY COLLECTIVE THANKS

The chair asked all the new World Service Business Conference delegates to stand for the "Green Dot" ceremony.

SEVENTH TRADITION TOTAL

Seventh Tradition total: $7,428.86 USD, $50.00 Canadian dollars, and 15 Euros.

COLLECTIVE THANKS

Collective thanks were expressed to the delegates, staff, and outgoing trustees.

ADJOURNMENT

There being no further business, the 65th Annual World Service Business Conference was adjourned at 11:30 am with the Serenity Prayer and I Put My Hand in Yours.

Submitted by: *Signature on File*
Rebbie Garza
Board Administrator and Conference Secretary

Approved by: *Signature on File*
Rich Valdez
Managing Director and Corporate Secretary to OA, Inc.

Signature on File
Allen B. – Minutes Approval Committee

Signature on File
Susan B. – Minutes Approval Committee

Signature on File
Bruce R. – Minutes Approval Committee

Chair's Report

It is an honor to serve as your chair of the Board of Trustees and it has been a great year. Thank you for allowing me to be a trusted servant of our beloved OA Fellowship. I want to thank Dan Sandweiss for his two-plus years as managing director of OA, as he came to us in September 2023 and will be retiring at the end of April 2026. As of the writing of this report, the Executive Committee is conducting interviews for Dan's replacement, having received over 500 applications for the position. We hope to introduce the new managing director at the 2026 World Service Business Conference. Dan has been a wonderful steward of OA's funds and introduced many cost-cutting measures over the past couple of years. We thank you, Dan. You will be missed, and happy retirement!

The trustees and World Service Office staff continue to look at initiatives to improve our Fellowship. Here are some of the changes that occurred this past year:

- OA.org Website and Find a Meeting Redesign: You asked and the trustees responded. Improvements are being made to the website as of the date of this report, including much-needed updates to Find a Meeting (oa.org/find-a-meeting). We anticipate finalizing these changes during 2026. Please see the Website Review Committee Report for more detailed information on the redesign. Thank you to those individuals, groups, and service bodies contributing to the Find a Meeting donor-restricted fund to make these changes possible. This project is being overseen by the board Website Review Committee.
- More Financial Transparency: Please read our Treasurer's Report for the work that Beverly M. has done as treasurer this year. We have a new contributions platform and our group and service body contributions reports are now being provided on a quarterly basis to help with accountability. We had an operating loss in 2025 and a tough budget process this year for 2026. With declining revenues for literature sales, we need—and are grateful for—your continued contributions, which make up almost 60 percent of our revenues. If the Fellowship wants us to keep increasing services for outreach, translation, and public awareness through public service announcements and social media advertising, we will need additional contributions to make that happen. Thank you for your consideration.
- E-Commerce: This board ad hoc committee focused their efforts to find a vendor to publish and distribute digital literature and make it available worldwide. The committee continues its work and anticipates moving forward with a vendor in 2026.
- *Lifeline: Stories of Recovery* Blog Submissions in Languages Other than English: At the February 2026 Board of Trustees meeting, the board Internal Information Committee submitted a motion that *Lifeline* (lifeline.oa.org) submissions be accepted in all languages. We are excited to see new stories in the submitting member's language as we grow our global Fellowship.
- Strategic Planning with the Region Chairs Committee: Below is our current theme and the themes for upcoming years.
  - Year One (2025—2026): "The Power of We"
  - Year Two (2026—2027): "Our Solution Is for Life"
  - Year Three (2027—2028): "How Did I Save a Life Today?"

Day of Sharing

On October 3, 2025, I had the pleasure of attending my first "Day of Sharing" with other Twelve Step fellowships as we met virtually from 9:00 a.m. to 2:30 p.m. Mountain Time. Just like at Conference, I was amazed at the recovery and commitment to service that I saw from the participants. Managing Director Dan Sandweiss and I attended for the whole day, and Publications Manager DeDe DeMoss attended for the first session on "In-House Publishing Versus Outsourcing." Twenty fellowships were in attendance, with seventeen others invited but not attending. The three session topics were as follows:

- "In-House Publishing Versus Outsourcing; Merchandising; International Sales; and Copyright Infringements"
- "Handling Issues of Representation and Accessibility"
- "How to Develop a Culture of Sponsorship and Service Sponsorship Within Our Fellowships"

There was a consensus among the group to share our resources so that we would not have to "reinvent the wheel."

New Literature Available

- Document Library
  - *Tough Questions in OA Recovery Workshop*, created by the 2025–2026 Unity with Diversity Committee and reviewed by the 2025–2026 Materials Approval Committee, is now available on oa.org (https://oa.org/documents/tough-questions-in-oa-recovery-workshop/).
  - *Guidelines for Small Meetings: Help and Hope* (https://oa.org/documents/guidelines-for-small-meetings-help-and-hope/) and the three-part *Carry the Message Workshop* (https://oa.org/documents/carry-the-message-workshop-scenarios-and-situations/), reviewed and updated by the 2025–2026 Board-Approved Literature Committee, are both now available on oa.org.
  - *From Slip or Relapse to Recovery* (https://oa.org/documents/from-slip-or-relapse-to-recovery/) and *Membership Retention at Meetings and Between Meetings: What Can We Do?* (https://oa.org/documents/membership-retention-at-meetings-and-between-meetings-what-can-we-do/), updated by the 2025–2026 Twelfth Step Within Committee and reviewed by the 2025–2026 Materials Approval Committee, are both now available on oa.org.
  - The *Virtual Welcome Room* (https://media.oa.org/app/uploads/2026/03/03104733/oa-virtual-welcome-room.pdf) and *Virtual Welcome Room Procedure* (https://oa.org/documents/virtual-welcome-room-procedure/), where newcomers and OA members may find essential information about Overeaters Anonymous in a visual format, are both available on oa.org. The *Virtual Welcome Room* includes clickable OA items that take the user to OA web pages for more information, including the OA Quiz, our *Lifeline* blog, OA-approved literature, and the Twelve Steps and Twelve Traditions of Overeaters Anonymous.

- Bookstore Literature
  - *To the Newcomer* (https://bookstore.oa.org/pamphlets/to-the-newcomer-youre-not-alone-anymore-270.asp) is now available as a virtual voice audiobook on Amazon and Audible.
  - The revised, expanded *To the Man Who Wants to Stop Eating Compulsively, Welcome* (https://bookstore.oa.org/pamphlets/to-the-man-who-wants-to-stop-eating-compulsively-welcome-290.asp) pamphlet, adopted at the 2025 World Service Business Conference, is now available in print through the OA bookstore and as an e-book through Amazon, Barnes and Noble, and Apple Books.
  - *Sponsorship in OA* (https://bookstore.oa.org/pamphlets/sponsorship-in-oa-215/), adopted at the 2025 World Service Business Conference, is available in the OA bookstore and as an e-book through Amazon, Barnes and Noble, and Apple Books. *Sponsorship in OA* replaces the pamphlets *A Guide to Sponsors* and *Sponsoring through the Twelve Steps*.

Convention 2025

What an amazing Fellowship we have, and it was on full display in August 2025 in Orlando, Florida USA. After being postponed in 2020 and 2021 due to the pandemic, it was wonderful to have an in-person World Service Convention. Our last one was held in 2016 in Boston, Massachusetts USA. The final attendance number for our 2025 event was 547 members, and we are grateful for both the service work conducted by volunteers and especially the hard work of our World Service Office staff.

A big thank you to all the World Service Office staff members for their dedicated work for the mission of OA. You are appreciated for going above and beyond our expectations year after year. I also want to thank our members who serve on Conference committees with such passion and commitment. And to my fellow trustees, while we have much work to do, I am honored to work alongside all of you to do this together.

I am blessed to be abstinent for over twenty-one years now and am living my best life thanks to OA. I am about to complete my fifth year as trustee: one year as an appointment to the board and four years of elected terms. If you have any questions about becoming a trustee and feel "a calling," please come and have a discussion with me or any trustee. We are more than willing to share our story and help guide you with your decision. I am grateful for those who have encouraged me on my service journey, and I can now do the same for others. You are all an asset to OA and what a blessing it is to do service!

Respectfully submitted,
Bob L., Chair of the Board of Trustees
February 2026

Treasurer's Report

Thank you for your service to Overeaters Anonymous and for your commitment to carrying the message of recovery. Every meeting held, every call made, every service position accepted contributes to recovery; the strength of our Fellowship rests on thousands of members quietly doing what needs to be done.

For most members, the World Service Office is largely invisible. Most of us have never visited the office and may only meet staff when Conference is held in person. And yet, behind the scenes, fourteen dedicated "special workers" are at work each day answering member inquiries, processing literature orders, supporting service bodies, maintaining our digital platforms, coordinating publications, and helping ensure that OA remains accessible around the world. Their work is funded entirely by member and service body contributions, literature sales, and prudent financial stewardship.

Together, we are stewards of a Fellowship sustained for more than six decades by members who give generously through service and financial support.

This report provides an overview of OA's financial standing, including the 2026 budget and a planned, intentional use of reserves to support operations. For more details, you may also refer to the Managing Director's Report and the financial appendices in your Delegate Binder.

2025 Budget Versus Actuals

As of December 31, 2025, our unaudited financials show a net deficit from operations of US$154,722. Looking at the details will help us to understand this number:

Budgeted income from contributions:	US$1,050,000	
Actual income from contributions:	$ 986,237	($63,763 under budget)
Budgeted income from literature, including digital:	$ 635,650	
Actual income from literature:	$ 463,299	($172,351 under budget)

Our expenses were US$154,000 lower than budgeted, reflecting the careful and conservative stewardship of the World Service Office managing director and staff. We also had investment gains of $201,646 for the year. Together, these two factors helped offset losses from operations, and resulted in a net income of $46,923 for 2025. The investment market is volatile, and these gains should not be relied upon as a steady source of income. We work with an investment professional to ensure we are making smart decisions with our funds and not putting our long-term investments at risk.

An independent audit of the 2025 financial statements is being conducted by CLA (CliftonLarsenAllen LLP). The completed audit will be available prior to the World Service Business Conference and posted on oa.org. The treasurer and managing director will be available to respond to questions at Conference.

2026 Budget

The Executive Committee of the Board of Trustees meets every year in October to draw up a budget proposal for the coming year. We begin with a draft budget drawn up by the World Service Office staff, which itemizes expected income and expenses for the coming year.

That draft budget is a starting point only, and for 2026 we began with a shortfall of more than US$400,000. We set about the difficult task of determining what could be trimmed, eliminating costs and deferring projects, including a Spanish-language advertisements program, to future years. We made the difficult decision to cut the employee assistance program from our employee benefits package, and determined that the 2026 board

meetings, except for World Service Business Conference, would need to be held virtually. At this point we reduced the shortfall to $178,600. Having already made reductions that would impact our primary purpose, we were faced with a decision: continue cutting, increase revenue projections beyond what seemed realistic, or draw from reserves. Our $1,825,450 budget for 2026 was passed with a $178,600 expected draw from reserves. This planned draw represents a measured use of a portion of OA's unrestricted net assets, which remain well above the required minimum operating reserve.

Reserves

OA maintains an Operating Reserve Fund equal to a minimum of three months of average operating expenses. As of December 31, 2025, the Operating Reserve Fund balance was US$420,992, slightly above the current three-month minimum of $414,276.

In addition to the Operating Reserve Fund, OA held approximately $2.19 million in other net assets at year end, providing further financial flexibility.

Contributions

Seventh Tradition contributions and literature sales are OA's two primary sources of revenue. Members may specify whether they want their contributions to go to the general fund or to a donor-restricted fund.

- General Fund: Contributions to the general fund support the services provided by the World Service Office, including public information efforts, oa.org and Find a Meeting, literature development, digital outreach, staffing, equipment, and administrative functions.
- Donor-Restricted Funds: Contributions designated for specific purposes and, by law, may be used only for those purposes. Current donor-restricted funds include the Delegate Support Fund, the Find a Meeting Improvements Fund, the Professional Exhibits Fund, and the Translation Assistance Fund.

In 2026, we began publishing quarterly contributions reports to provide greater transparency and to help meetings and service bodies see contributions made on their behalf. The full 2025 report is linked in Appendix E.

Members and service bodies can support the work of the World Service Office through one-time or recurring contributions at oa.org/contribute. Automatic recurring contributions (ARCs) are especially helpful. They bring stability to planning and offer a simple way to support the work of the World Service Office consistently—whether weekly, bi-weekly, monthly, or quarterly—without needing to remember to contribute each time.

Region Treasurers

I am grateful for the work of the region treasurers and to have had the opportunity to meet with them throughout the past year. It is wonderful to see this group of trusted servants supporting each other in their service, including comparing notes on prudent reserve calculations, sharing software solutions, and mentoring those new to the treasurer role. Thank you for your amazing service!

In Closing

Serving as treasurer this past year has been both an honor and a profound learning experience. I am grateful for the opportunity to serve alongside such thoughtful and dedicated trusted servants. I am equally grateful for every contribution of time, talent, and financial support that sustains our Fellowship and carries the message of recovery forward. Thank you.

Beverly M., Treasurer
February 2026

Managing Director's Report

It has been a privilege to serve as the managing director since 2023. The passion of members—especially the Board of Trustees—and the display of ownership by the staff makes OA a strong organization and a great place to work. Thank you to the board, the staff, and all OA members for your support and enthusiasm during my tenure. I put my hand in yours, and together we accomplished what we could never have done alone.

2025 Financials

- Revenue
  - Contributions: Full year contributions were US$3,000 higher than 2024, but $64,000 under budget.
  - Literature Sales: Full year sales were US$463,299 versus $585,223 in 2024, a drop of $122,000. Budgeted sales were $635,650, a difference of $172,000 versus actual for the year.
- Expenses
  - Full Year: Expenses were US$165,000 higher than 2024, primarily due to the Convention in 2025, which cost just under $160,000. Expenses for 2025 were $154,000 below budget.
- Income
  - Operating Income: Budgeted deficit for the year was US$29,200, while actual deficit was almost $155,000.
  - Net Income: Investments gained US$201,646 for the year, yielding a 2025 net surplus of nearly $47,000.
- Analysis

  Areas of largest deficits were literature sales and Convention sales. While the latter will not be an issue for the next four years, literature sales fell significantly in 2025. It is possible that implementation of a digital sales platform and changes in shipping charges may improve revenues. That said, literature sales may continue to fall, unless the strategic plan bears fruit in the form of significant numbers of new members who buy literature.

	Actual	Budgeted
Income 2025	**US$1,698,920**	**US$2,019,450**
Contributions	$986,237	$1,050,000
Book/Literature Sales	$378,772	$534,550
Digital Literature Sales	$84,527	$101,000
Other*	$249,384	$333,900
*includes Convention, shipping etc.		
Cost of Literature	($82,193)	($123,200)
Expenses 2025	($1,771,450)	($1,925,450)
Investment Gain	$201,646	$29,200
Net Surplus	$46,923	-

Member Services

- Convention 2025: Convention 2025 was held in Orlando, Florida USA in August. 547 OA members attended Convention during the three-day event. For additional details, please refer to the Convention 2025 Committee report.
- Find a Meeting: Phase One of the Find a Meeting database upgrade, transitioning the system to a relational database, has been completed. Phase Two, which focuses on enhancing the search functionality, is currently in progress at the time of this report. For additional details, please refer to the Website Review Committee report.

- Groups and Service Bodies: In 2025, the number of OA meetings worldwide, including virtual meetings, averaged 5,847 across more than seventy-five countries, supported by 313 service bodies (including region offices). Below is the five-year average.

	2025	2024	2023	2022	2021
Groups	5,847	6,146	6,237	6,467	6,566
Service Bodies	313	324	333	339	337

The decrease in the number of meetings and service bodies (particularly intergroups) between 2024 and 2025 resulted from a request for regions to review and update their information. To ensure that your meeting and service body details remain current with the World Service Office, please update your information at oa.org/find-a-meeting/.

- Professional Exhibits Fund: The following service bodies have received funding since May 2025.

Service Body/Show	Conference Dates	Approved Funds
Heart of England Intergroup ***(Primary Care Conference)***	May 14—15, 2025	US$3,678.00
South Jersey Intergroup ***(Integrated Mental Health Conference)***	May 28, 2025	$500.00
South Jersey Intergroup ***(New Jersey Prevention Network Conference)***	July 12—13, 2025	$1,500.00
Cape Cod Intergroup ***(Cape Cod Symposium on Addictive Disorders)***	September 4—7, 2025	$2,160.15

Publications

- Conference-Approved Literature: Two manuscripts are being presented this year for the Conference Seal of Approval: the revised *Unity with Diversity Checklist* and the new *Healing the Mind, Body, and Spirit*: *Mental Health and Recovery in Overeaters Anonymous*.

  Sponsorship in OA: Guiding Others into Recovery and *To the Man Who Wants to Stop Eating Compulsively, Welcome*, both adopted at the 2025 World Service Business Conference, are available in print from the OA bookstore and as e-books from authorized third-party vendors. The revised *Just for Today* wallet card, also adopted at the 2025 Conference, is available exclusively in print from the OA bookstore.
- Board-Approved Literature: These resources were approved for distribution:
  - *Virtual Welcome Room* and *Virtual Welcome Room Procedure* (new)
  - *Tough Questions in OA Recovery Workshop* (new)
  - *Guidelines for Small Meetings: Help and Hope* (revised)
  - Three-part *Carry the Message Workshop* (revised)
  - *From Slip or Relapse to Recovery* (revised)
  - *Membership Retention at Meetings and Between Meetings* (revised)
  - *Guidelines for OA Events* (revised)
  - Suggested meeting formats (various; revised)
  - *Guidelines for Translations of OA Literature and Materials* (revised)
  - *OA Glossary* (revised)
  - *Let People Know About Your Meeting!* (revised)
  - *Using OA's Public Service Announcements (PSAs)* (revised)

- *Sample cover letter/email to send to television and radio stations* (revised)
- *Public Information and Professional Outreach (PIPO) Resource List* (revised)
- *Guidelines for Public Information Events* (revised)
- *What to Remember When You See Your Doctor or Other Health Care Professional Workshop* (revised)
- *Guidelines for Health Fair Participation* (revised)
- *Professional Community Courier* newsletter, Issue I (revised and reissued)

- Audiobooks: OA is testing Amazon's beta Virtual Voice narration feature to expand its catalog of audiobooks. Virtual Voice uses computer-generated narration to create audiobooks more quickly and at a lower cost than traditional studio recordings, while still providing clear, human-sounding speech. The feature includes a variety of narrators with North American, British, and other accents. *To the Newcomer* is now available as a Virtual Voice audiobook on Amazon and Audible. Additional pamphlets are expected to be available by the time of this Conference. An audiobook version of *Body Image, Relationships, and Sexuality* is planned to follow.

  OA continues to distribute two studio-produced audiobooks via Audible, Amazon, and Apple Books:
  - *Overeaters Anonymous, Third Edition*
  - *The Twelve Steps and Twelve Traditions of Overeaters Anonymou*s, *Second Edition*
- E-books: OA distributes e-books via Amazon, Barnes and Noble, and Apple Books. All OA books and manuals, except workbooks, and most pamphlets are available as e-books. OA's four e-workbooks are available as downloadable PDFs from the OA bookstore.
- Print on Demand: OA distributes three books in print exclusively via Amazon Paperback:
  - *A New Beginning: Stories of Recovery from Relapse*
  - *The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition,* Large Print
  - *Lifeline Sampler*
- Literature Pricing, Shipping, and Availability: OA's costs continue to rise due to tariffs and higher production expenses across the manufacturing and printing industries. These increases are compounded by smaller print runs in response to lower sales. In August 2025, the price of OA's recovery coins increased by US$0.30 to $1.00. More recently, on February 1 of this year, the price of multi-page pamphlets increased from $2.25 to $3.25. Literature and coin costs and prices are reviewed both annually and when new orders are placed. Current prices are listed in the 2026 OA Literature Catalog and OA Literature Order Form in the Document Library at oa.org.

  In December 2024, the board's Executive Committee approved a change in the OA bookstore's shipping method, moving from price-based to weight-based shipping rates to better align members' shipping charges with the actual costs paid by the World Service Office. In August 2025, OA launched weight-based shipping for non-US orders placed online or by phone. For these orders, OA passed on a 60 percent shipping discount for packages weighing less than 4.255 pounds (1.93 kg).

  For US orders, the World Service Office postponed the launch of weight-based shipping until after a major security upgrade by our vendor is completed. As an interim measure, the Executive Committee approved a $1 shipping rate for all US orders of $5 or less, which was launched in October 2025. OA now anticipates launching weight-based shipping for US orders placed online or by phone by July 2026. All mail-in orders will continue to use price-based shipping rates.

  OA literature is available in multiple formats: print, PDF, audiobook, e-book, and print-on-demand. No OA literature is available in all formats. To purchase OA literature, go to bookstore.oa.org. Product pages include links to third-party vendors authorized to sell OA literature: Audible, Amazon, Barnes and Noble, and Apple Books. OA receives a royalty share for purchases made from these vendors.

- Trademarks: OA, Inc. holds four trademarks for the benefit of the Fellowship as a whole.
  - O*A*®
  - OVEREATERS ANONYMOUS®
  - 
  - 

  Registered OA groups and service bodies may apply for written permission to use an OA trademark, with the exception of the Conference Seal of Approval. The group's registration number or the service body's registered name must be printed directly beneath the OA trademark to distinguish the material from that originating from OA, Inc. ***It is essential the registration mark ® is shown with OA trademarks.*** For guidelines and written permission to use an OA-owned trademark, submit a Logo Request Form. The revised form is available in the Document Library at oa.org.
- Copyrights: OA, Inc. holds the copyrights for OA literature and materials for the benefit of the Fellowship as a whole. Registered OA groups and service bodies may reproduce and/or translate and reproduce the following OA material without written permission:
  - print material currently on oa.org;
  - recovery content currently posted on lifeline.oa.org (however, this content cannot be collected, published, or sold);
  - *World Service Office News Bulletin*;
  - *Professional Community Courier;*
  - preview images automatically generated by social media platforms when a URL is shared in a social media post; and
  - image-based digital content OA has designated for public information and professional outreach use.

  Registered OA groups and service bodies that meet via videoconference may, without written permission, screen share limited OA-owned literature during meetings. Registered OA groups and service bodies that meet via other digital means, such as mobile messaging apps, social media, websites, or blogs, must apply for written permission to share OA-owned literature not available on oa.org.

  For written permission to share OA-owned literature and material not listed above, submit a Reprint Request Form. The revised form is available in the Document Library at oa.org.
- Infringements: Copyright infringement has become a widespread, global issue. OA actively addresses infringements of OA-owned trademarks and copyrighted material. If you see an outside enterprise using OA-owned material, contact the World Service Office at info@oa.org, subject line "Infringement."

  For guidance on how your OA group and service body can avoid inadvertent copyright and trademark infringements, see OA's *Guidelines for Using Copyrighted Material and Trademarks* and *Free Licensed Images, Translation, and Graphic Design Platform for Intergroups and Service Boards Registered as Nonprofits/Charities*, both available in the Document Library at oa.org.

- International Publications and Translations: OA literature has been translated or is in the process of being translated into thirty-one languages. Twenty-four digital documents of translated OA literature have been added to the World Service Office archives since the 2025 World Service Business Conference, with the greatest number of contributions in Greek and Polish. OA's licensing agreement includes the instruction that a digital copy of the translation must be sent to the World Service Office. For a list of translations in the World Service Office archives, see *Digital Files in Translation* in the Document Library at oa.org.

  OA's newest pieces of literature, including *Sponsorship in OA* and the revised *To the Man Who Wants to Stop Eating Compulsively, Welcome* pamphlet, are available for translation. For permission, complete and submit a License 1 agreement, found in the Document Library at oa.org.

  In late 2025, the Executive Committee paused the execution of License 2 agreements, which grant the right to publish and distribute translated literature, and related funding requests. This pause allows the committee time for a multifaceted review of OA's publication and distribution practices.

  In 2025, the International Publications and Translations Committee granted more than US$12,000 in translation funds to three service bodies. As of December 31, 2025, OA had more than $47,500 to support OA service bodies in translating OA literature. To apply for funds to translate and validate literature and materials, complete and submit the Translation Assistance Fund Application in the Document Library at oa.org.

  OA's License 2 agreement includes the requirement that a royalty of 10 percent of net income be paid to OA. This royalty payment supports OA's Seventh Tradition. In 2025, OA received $5,982.24 in royalties from eleven service bodies: Costa Rica Intergroup #09604, Deutschsprachiger Dienst Der OA (DDOA) Language Service Board (Germany) #09963, Intergroupe OA Français de Montréal #09160, Iran National Service Board #09987, Israel National Service Board #09960, Italian National Service Board #09965, National Service Board OA of Greece #09974, National Service Board of Poland #09972, OA Great Britain National Service Board #09961, Online Persian Speakers Intergroup #09694, and The Dutch Intergroup #09401. If your group or service body translates and sells OA literature, remember to send royalties to the World Service Office annually.

  For more information about how to translate OA literature and materials, apply for translation funds, or send a royalty payment, contact either the trustee liaison assigned to your region or the World Service Office.

Digital Communications

We are pleased to report three significant improvements to OA's digital communications in 2025 and early 2026.

Scheduled for launch in 2026, oa.org and Find a Meeting are being completely redesigned to improve:

- long-term usability for OA members and World Service Office staff,
- font support for diverse languages, and
- overall attraction for newcomers and members.

Thank you to all OA members who contributed to the Find a Meeting Improvements campaign.

The Document Library is translatable and mobile-friendly. In 2025, 75 percent of the PDFs in our Document Library (about 200 documents) were converted to a translatable and mobile-friendly format. We especially

encourage all OA members whose first language is not English to make use of these resources, so please spread the word! Registered groups and service bodies are welcome to improve our automatic document translations for local use, and we can even offer a service opportunity for OA members to volunteer as designated translation editors with permission to directly edit translations on oa.org. To apply for special access to edit the website, go to tinyurl.com/5d8mt7xu and fill out the form.

World service social media is still growing. In 2025, OA, Inc.'s social media following grew by 17 percent to 29,200 followers (building on the 35-percent increase we saw in 2024). Also in 2025, our social media content was viewed by an estimated 935,000 members of the public, a 265-percent increase over 2024 (and building further on our 880-percent increase in 2024). OA, Inc.'s accounts have liked and followed the social media accounts of OA intergroups and service boards, and we welcome reciprocal likes, shares, comments, and follows. Our social media URLs are facebook.com/overeatersanonymousofficial and instagram.com/overeatersanonymous_official.

In 2025, we synced our one hundred podcasts to our channel at youtube.com@overeatersanonymous, and in early 2026, we will be organizing that content into playlists. Going forward, we will add the short-form videos we have previously published on our social media channels. When matured, the collection will provide 30- to 90-second explanations of many important aspects of the OA program as well as the in-depth explorations and shares that help us develop our lives in recovery. We now have more than 1,000 followers on this channel and more than one hundred followers at podcasts.apple.com/us/podcast/overeaters-anonymous-podcast/id1806186122.

- OA Websites: OA's websites include our main site, oa.org; the *Lifeline: Stories of Recovery* blog at lifeline.oa.org; and the OA bookstore at bookstore.oa.org. In 2025, OA websites saw an average of 47,100 visitors per month, a 20 percent decrease compared to 2024. Some of this decrease may be attributable to the rise of "zero click" searches, where website content is viewed on search or artificial-intelligence platforms instead of on the website itself.

  Average monthly visitor counts in 2025 included:
  - 29,950 visitors searching Find a Meeting,
  - 4,750 visitors answering our Fifteen Questions at oa.org/quiz,
  - 3,950 visitors viewing or downloading OA's 260 Document Library documents 10,850 times,
  - 2,200 visitors browsing an average of eighteen events per month submitted to Event Calendar,
  - 1,000 visitors turning to *Lifeline: Stories of Recovery* at lifeline.oa.org, and
  - 900 visitors reading world service news at oa.org/news.

  By number of views in all of 2025, our top ten translatable and mobile-friendly web documents in the Document Library at oa.org were:

1)	*Where Do I Start? Everything a Newcomer Needs to Know*	38,350
2)	Twelve Steps of Overeaters Anonymous	34,250
3)	The Tools of Recovery (abridged)	14,350
4)	*Introduction to the Twelve Steps* (excerpted from our *OA Twelve and Twelve* book)	14,250
5)	Twelve Traditions of Overeaters Anonymous	13,250
6)	Our Invitation to You (abridged)	7,300
7)	Spiritual Principles	6,700
8)	*Temporary Sponsors: Newcomers' First Twelve Days*	6,050
9)	World Service Convention Schedule of Events	4,150
10)	*OA-Approved Literature List*	4,100

- *World Service Office News Bulletin*: The World Service Office publishes the *News Bulletin* as a monthly e-mail newsletter to communicate important changes to the OA program, literature

updates, upcoming events, and more. In 2025, subscriptions to the *Bulletin* increased by 4.2 percent to 16,550 subscribers. The average trackable open rate increased 3.2 percentage points from 33.8 percent in 2024 to 37.0 percent in 2025. The average click rate remained level at 3.2 percent. OA's trackable open rate and the click rate are comparable to industry averages.

- The Digital Communications Invitation to YOU!: Give service! Support OA's digital communications by:
  - Using your intergroup or service body's social media accounts to subscribe to OA, Inc.'s social media channels and respond to posts;
  - Sending your story to *Lifeline* using our form at https://form.jotform.com/220035565825050;
  - Sending your recovery event to Event Calendar on oa.org using our form at https://oa.org/event-calendar-submission-form/;
  - Subscribing to the *World Service Office News Bulletin* by entering your email address on the oa.org home page (or click the "email newsletter" link on oa.org/news); and
  - Volunteering to directly improve translations on oa.org using our form at https://tinyurl.com/5d8mt7xu.

To learn more about these service opportunities, contact the World Service Office. Together we can carry the message online!

Dan Sandweiss
Managing Director
March 2026

Conference-Approved Literature Committee Report

Committee Overview

The Conference-Approved Literature Committee (CLC) for 2025-2026 was actively engaged in overseeing the development and review of literature projects for Overeaters Anonymous, with five subcommittees ensuring the literature produced met the needs of the OA Fellowship.

Two manuscripts were brought to Conference and approved unanimously.

- *Healing the Mind, Body, and Spirit: Mental Health and Recovery in Overeaters Anonymous*
- *Unity with Diversity Checklist*

Two CLC motions were considered by the Conference delegates.

- Change the name of "Telephone" to "Outreach" in the Tools pamphlet: failed
- Addition of the Serenity Statement to OA's list of prayers: adopted

2026-2027 Elections

- Delegate Cochair: Anne W.
- Vice Chair: Cathy G.

April 22, 2026 Meeting Highlights

During the meeting, the committee focused on the following areas:

- Stages of literature development
- Lines of communication within the committee to work effectively
- Summary of activity over the last term (trustee report)
- Subcommittee reports

Two new literature proposals were considered by the committee. A two-thirds vote in favor was required. Proposal 1: Accommodations pamphlet was adopted (83 percent yes, 17 percent no). Proposal 2: Aging in Recovery failed (55 percent yes, 45% no).

New Subcommittees

- Twelve Traditions Workshop and Study Guide (ongoing)
- The Tools of Recovery Revision (ongoing)
- Secular Daily Reader (ongoing)
- Accommodations Pamphlet (new)

The Twelve Concepts of OA Service pamphlet revision work is on hold pending outcome of a motion expected to be presented at Conference 2027.

We look forward to another busy year pressing onward in working with our subcommittees to bring the literature projects through the stages of development to be ready for Conference 2027.

Respectfully submitted,
Anne W., Delegate Cochair
Cindy C., Trustee Cochair
May 2026

Public Information/Professional Outreach Committee Report

2026-2027 OFFICERS

- Delegate Cochair: Kathy S.
- Trustee Cochair: Laurie O.

This committee has established three subcommittees.

Documents and Podcasts ("Docs and Pods") Subcommittee will focus on consideration of several projects passed down from the outgoing committee and other sources, including reviewing guidelines for professionals, adding OA to global trusted eating disorder websites, following up on a public information/professional outreach (PIPO) manual flyer which was sent to the Materials Approval Committee. They are also exploring the possibility of converting the Professional Tradeshows Manual into a web document and creating a recovery survey. All these ideas are in formative stages and need more research to coalesce into clear goals.

What Works For YOU? Subcommittee has two primary goals: using a Region Three letter as a model to produce a standard letter service bodies may adapt for professional outreach and producing a recurring quarterly videoconference forum as an idea exchange on specific topics for service body PIPO Committee members. Based on the highly successful Region One Forum, a target date of October 25, 2026 is planned for the initial offering.

Professional Global Workshop Subcommittee is developing a vision for a one-hour workshop to be presented over ten hours across ten time zones and languages. They are considering use of, but not limited to, a presentation, questions and Answers, and individual member-sharing formats. Action steps plan to include studying the PIPO Manual, Section 3.6 "How to reach professionals," reaching out through individual regions to obtain contacts of OA members with professional affiliations, working with a graphic design software to gather ideas on workshop formats, and spreading the word through the OA Fellowship about the formulation process of this workshop. A timetable for launching this event is in development.

Laurie O., Trustee Cochair
May 2026

Reference Committee Report

This is an unusual report because the Bylaws Committee was replaced by the Reference Committee as of the end of Conference. Since the committees have the same goals and the Reference Committee members were chosen from the Bylaws Committee, this is essentially a report for them both, although the Reference Committee officially started after this.

This year's committee was made up of twenty-three delegates.

2026-2027 Elections

- Delegate Cochair: Lisa T., Anorexic/Bulimic Specific Focus Service Body, Virtual Region
- Trustee Cochair: Cyndy L., Trustee (term ending at Conference conclusion)
- Trustee Cochair: Susan M. (term starting after Conference conclusion)

Committee Transition

The committee unanimously voted to operate under the assumption that Bylaw Amendment Proposal 5 would be adopted. This amendment dissolved the Bylaws Committee in favor of a new Reference Committee structure.

New Committee Structure

1) Reference Committee During Conference
    - Duration: The full committee is active only during Conference. The term ends at the close of business.
    - Composition: The region chairs nominate two members from their region. The committee elects a delegate cochair.
    - Function: The committee performs duties as outlined in OA, Inc. Bylaws.
    - Transition: Outside of Conference, delegates will serve on other committees based on their registration preferences.
2) Reference Committee Outside of Conference
    - Duration: This committee is active year-round. The term ends one day prior to the next Conference.
    - Composition: The Reference Committee selects five delegates, with the option to add a sixth member. The delegate cochair and trustee cochair also serve on the committee.
    - Primary Goals (2026–2027):
        - Define processes of the Reference Committee
        - Establish a four-year rotational review cycle for OA, Inc. Bylaws and Business Conference Policy Manual.
        - Provide support to service bodies and the Board of Trustees as requested.
        - Review the Everyone Has a Voice Subcommittee report for further action.

Everyone Has a Voice/Agenda Questionnaire Participation Subcommittee

The goal was to make the documents and processes as accessible as possible (plain English, short sentences, etc.). The document was created but has not been submitted for approval because of the pending motion to disband the Bylaws Committee. The subcommittee took on the responsibility of editing the work to date in preparation for the change.

Introductory Manual for Bylaws Committee Subcommittee
The subcommittee drafted guidelines intended to prepare subsequent committee members for the purpose of bylaws and how they are necessary for organizations such as OA. Their initial draft has been returned to the subcommittee for simplification and reorganization. The work is still in process.

Trustee Nomination Process
This project was carried over from the previous year, and the committee worked on a motion to create a nomination committee for trustee candidates. After discussion, the committee concluded that this concept would be better served at the region level.

Thank you to all the delegates and trustees for all their hard work in navigating this exciting change.

Lisa T., Delegate Cochair
Cyndy L., Trustee Cochair

Region Chairs Committee Report

During the 2025–2026 year, the Region Chairs Committee (RCC) met primarily via videoconference. We held one in-person meeting in Orlando during the World Service Convention in August and a second during the Region Three Annual Assembly, where we adopted a hybrid format to accommodate members who were unable to attend in person.

As a committee, we worked on several items during the year.

- We welcomed four new region chairs.
- We updated the RCC Reference Manual.
- We developed the Forum for the 2026 World Service Business Conference.
- We continued our intergroup renewal efforts and are nearing completion of that project.
- We participated in strategic planning and helped establish workshops that have since been implemented by all regions at their assemblies.
- Several of us continued serving on Board of Trustees committees, which we believe benefits OA and is an effort worth continuing.
- We supported one another by sharing best practices, information, and our experience, strength, and hope.

Region Chairs Committee Goals and Action Plans (2026–2027)

1) Develop and present a Forum for the 2027 World Service Business Conference (WSBC).
2) Expand our document management platform as a resource-sharing platform. Upload at least one workshop from each region. Create and organize resource subfolders, including assembly scripts, workshops, best practices, and other RCC resources.
3) Support and advance the OA Strategic Plan.
4) Bring the Region Ten PIPO workshop to the global Fellowship.
5) Implement "The Power of We" workshop 2.0 by updating and enhancing the existing workshop using the four A's framework: addiction, abstinence, accountability, and awakening.
6) Finalize the intergroup renewal efforts.
7) Distribute the WSBC 2026 Forum ("Escape Room" workshop) by creating a presentation kit that will include facilitator directions, workshop materials, participant resources, and also developing a virtual version.
8) Create and maintain an RCC goals tracking document to help us monitor progress, deadlines, and accountability for all 2026–2027 goals.

There was a change in the composition of our committee throughout the year due to the election of new chairs. We expressed our gratitude to the outgoing chairs and welcomed the new members of the RCC. From Region One, we thanked Alice W. and welcomed Alana C.; from Region Six we thanked Kimberly C. and welcomed Chuck F.; from Region Eight we thanked Susan B. and welcomed Julia S.; and from the Virtual Region, we thanked Claire M. and welcomed Cee Z. We also thanked Trustee Cochair Meg M.

Our officers for 2026-2027 are Loudovika P., delegate cochair; Gary D, trustee cochair; Sam B., vice chair; and Marla D., secretary.

Respectfully Submitted,
Loudovika P., Delegate Cochair
Meg. M., Trustee Cochair
June 2026

Twelfth Step Within Committee Report

The WSBC Twelfth Step Within Committee for 2026-2027 began with a rousing start full of passion and creativity. The committee will retain the same delegate and trustee cochairs.

2026-2027 Officers

- Delegate Cochair: Debby L., Region Two
- Trustee Cochair: Juliette R., Region Five Trustee Liaison
- Vice Chair: Rita Q., Virtual Region
- Secretary: Robert L., Virtual Region

Two subcommittees (Red Button and Document Review) are retained for the next year, establishing new or ongoing goals. A new third subcommittee (Ideas and Solutions) was established during Conference to target relapse and membership retention.

Red Button Subcommittee

The cochairs are Alan P. and Roger H. Below are the subcommittee's goals.

1) Review resource topics and break down into subtopics as appropriate.
2) Contact region chairs requesting Twelfth Step Within Committee chairs contact information.
3) Facilitate collaboration between Conference committee and region committees.
4) Research/request putting Twelfth Step Within resources on oa.org website/media library and region websites.

Goals 1 and 2 will be completed by the end of June 2026. Goals 3 and 4 will be completed by the end of the year.

Document Review Subcommittee

The cochairs are Beverly B. and Cassandra S. Below are the subcommittee's goals supporting the theme, The Solution Is for Life. The Solution Is in the Steps.

1) Finding resources/documents that focus on strong Steps.
2) Review Twelfth Step Within recovery resources.
3) Review current documents.

Goal 1 will be completed by July 30, 2026. Goal 2 will be completed by October 30, 2026. Goal 3 will be completed by Jan 30, 2027.

Ideas &Solutions Subcommittee

The chair is Robin M. Below are the subcommittee's goals.

1) Finding a plan to help overcome relapse in OA members.
2) Put together a "First Aid Kit" for relapse prevention.
3) Facilitating a workshop.

Goal 1 will be completed by August 1, 2026. Goal 2 will be completed by October 30, 2026. Goal 3 will be completed by December 12, 2026.

The Twelfth Step Within Committee will meet monthly throughout the year on the fourth Saturday of each month receiving updates and reports from the subcommittees.

In service,
Debby L., Delegate Cochair
Juliette R., Trustee Cochair
June 2026

Unity with Diversity Committee Report

The Unity with Diversity (UWD) Committee is pleased to submit this post World Service Business Conference report to the Fellowship. As we begin the 2026–2027 service year, the committee looks forward to continuing the important work of supporting inclusivity, accessibility, outreach, and belonging throughout Overeaters Anonymous.

The committee extends sincere gratitude to the outgoing delegate cochair, Amodini K., for her service, dedication, and commitment to the work of Unity with Diversity during the last several years.

2026-2027 Officers

Delegate Cochair: Sharlotte G.
Trustee Cochair: Preston F.
Secretary: Kate I.

At present, the vice chair position remains vacant, and the committee hopes to fill this position at an upcoming meeting.

As this is the committee's first report of the new service year, the committee has met once at the World Service Business Conference to begin organizing the committee structure, establish priorities, and support the formation and work of subcommittees.

Making OA More Accessible Subcommittee

Chair: Dena B.
Secretary: Anne B.

This subcommittee is focused on exploring ways to make OA more inclusive and accessible for all members. Discussions include identifying barriers to participation and considering ways to improve accessibility throughout the Fellowship so that all compulsive eaters seeking recovery may feel welcomed and supported.

Outreach Subcommittee

Chair: Lourdes D.
Secretary: Cynthia L.

During the 2026–2027 service year, the Outreach Subcommittee aims to strengthen outreach, engagement, and communication across regions, service bodies, and undeserved communities throughout OA. Key priorities include identifying existing Unity with Diversity committees and region points of contact, building stronger collaboration with regions and intergroups, and expanding engagement efforts in Brazil, Mexico, and South America.

The subcommittee will focus on improving communication infrastructure by gathering and cross-referencing service body contact information, developing standardized outreach scripts, and expanding digital communication channels through websites, social media, and messaging platforms. Additional goals include providing training and tools to help service bodies improve their digital presence and implementing long-term search engine optimization strategies to increase visibility and accessibility of OA resources.

Ongoing projects include outreach follow-up efforts, coordination with trustees and region representatives, exploration of inclusive media initiatives such as the OA graphic novel project, and strengthening connections with underserved and underrepresented communities throughout the Fellowship.

World Service Business Conference Relocation Subcommittee

Chair: Ramona A.
Secretary: Sandy C.

The next meeting is scheduled for May 24, 2026. Planned agenda items include discussion regarding possible justification for a Conference relocation, ensuring all work remains aligned with the goals of the Unity with Diversity Committee and Tradition Five, and identifying actions required before the December 1 motion deadline, including timelines and assignments.

Current work includes gathering information on possible methods through which relocation could be accomplished, evaluating the feasibility of potential options, and identifying priorities for future work.

2026–2027 Goals

The Unity with Diversity Committee remains committed to supporting OA's primary purpose by helping ensure that all who still suffer may find a welcoming and inclusive Fellowship. Current goals include:

- Strengthening accessibility throughout OA.
- Supporting underserved and underrepresented communities.
- Improving outreach and communication.
- Building stronger collaboration between service bodies.
- Expanding digital engagement and accessibility.
- Encouraging broader participation in service.
- Supporting inclusive and welcoming practices throughout the Fellowship.

The committee is optimistic about the work ahead and grateful for the willingness of members to serve in support of Unity with Diversity.

Respectfully submitted,
Sharlotte G., Delegate Cochair
Preston F., Trustee Cochair
May 2026

Young Adults Committee Report

The Young Adults Committee met in-person on April 22, 2026. They welcomed new and returning members, as well as returning Delegate Cochair Robbie T. and Trustee Cochair Blair P.

The following items were discussed and/or decided:

- Appointed a new secretary.
- Reviewed Young Adults Committee 2025-2026 activities.
- Discussed issues facing young adults and/or OA.
- Established subcommittees and major goals.
- Determined next committee meeting.

Committee Secretary

Cynthia D. was appointed as the committee secretary. The committee discussed utilizing a videoconference platform's artificial intelligence tools to capture meeting summaries and notes. These will be reviewed by the secretary and sent to the delegate and trustee cochairs for review and distribution to the committee.

Young Adults Committee 2025-2026 Review

The committee reviewed the work initiated and completed by the outgoing 2025-2026 Young Adults Committee. Key highlights included review of the workshop offered on two dates featuring young adult speakers and a review of the toolkit (resources available for young adults).

Issues Facing Young Adults and/or OA:

The committee noted encouraging growth in young adult OA groups internationally, particularly in Greece, Iran, and Israel. However, the committee thinks that increased engagement from younger members across the Fellowship is critical.

Our discussion also explored the need for an OA teen offering for individuals under 18 years of age. While there was broad agreement that a teen-focused resource or program is needed, the committee agreed that legal guidance must first be sought to ensure appropriate safeguarding and risk management before any further development takes place. Buy-in across the Fellowship is needed to ensure success.

The committee also reviewed barriers affecting young adult engagement within OA. Common themes included stigma, the perception that OA is primarily for older people, a misunderstanding from those outside the Fellowship that OA is a diet-focused organization rather than a spiritual program, and a general lack of urgency among younger people suffering from compulsive eating. Members discussed the importance of improving branding, messaging, and visibility to make OA more accessible and relatable to younger audiences.

A strong emphasis was placed on outreach and public information efforts. The committee explored a variety of approaches including university and college outreach, student newspaper advertising, and posters and QR code campaigns. Members also highlighted the value of printed materials, noting that many young adults may view physical resources as more trustworthy and impactful than social media resources alone. Service bodies should inquire within their region if financial support for outreach initiatives is available.

Subcommittees and Major Goals

The committee defined three subcommittees and their major goals.

1) Branding & Perception Subcommittee
    a) Obtain feedback from young adults
    b) Improve OA's branding for young adults based on feedback

2) Toolkit (Resources) Subcommittee
    a) Revise toolkit (resources), submit toolkit (resources), and obtain approval from the Materials Approval Committee
    b) Create a toolkit available online for Fellowship

3) *Lifeline* (Stories) Subcommittee
    a) Request that a *Lifeline* issue be focused on young adults
    b) Ask young adult fellows to submit stories for the young adult *Lifeline* issue

Next Committee Meeting

The committee voted to continue holding quarterly committee meetings, with flexibility to schedule additional meetings as necessary.

Our first quarterly meeting will be on Sunday, July 19, 2026.

Respectfully submitted,
Robbie T., Delegate Cochair
Blair P., Trustee Cochair
May 2026

All About Conference Workshop Summary

Leaders

- BJ J., Conference Planning Committee Chair
- Cyndy L., Bylaws Committee Trustee Cochair
- Denise O., Center Microphone Monitor
- Karin H., Conference Support Committee Chair

The workshop welcomed both new and returning delegates and provided an overview of the 65th Annual World Service Business Conference including the parliamentary procedures used in business meetings.

The Conference Planning Committee chair opened the workshop with the Serenity Prayer and introduced the 2026 Conference theme, "The OA Solution Is for Life!" She reviewed the workshop's purpose and explained that delegates were attending not only to vote on motions but also to provide guidance to the Fellowship during the coming year. Highlighting Concepts Two and Three, she emphasized that delegates serve as the voice, authority, and effective conscience of OA as a whole and are trusted to make informed decisions on behalf of the Fellowship.

Responsibilities during Conference were reviewed, including becoming familiar with the Delegate Binder and parliamentary procedures, attending business and committee meetings, fulfilling a one-year committee commitment, sharing information with service bodies, and preparing delegate reports after Conference. The importance of completing the Conference evaluation was also emphasized.

The Conference Planning Committee chair also reviewed ways delegates could support their recovery during the Conference by attending meetings and workshops, staying abstinent, staying connected with sponsors and mentors, and taking care of their physical health in Albuquerque's high-altitude climate. Attendees were encouraged to stay hydrated, rest when needed, and pace themselves throughout the week.

The Delegate Binder was reviewed in detail, including the Conference agenda, workshops, committee meetings, business meeting procedures, Standing Rules, proposed motions, reports, appendices, and evaluation materials. Participants were reminded to use electronic devices only for Conference business during business meetings and were encouraged to become comfortable navigating the Binder in preparation for debate and voting.

The Conference Support Committee chair explained how the committee supports delegates and assists the World Service Office in ensuring the Conference runs smoothly and efficiently. Participants received information about the Delegate Binder, the Mentor Program, business session procedures, seating rotations, delegate badges, pages, announcements, and Conference communications. Additional information covered the Conference Support Committee desk, bulletin boards, Ask-It Basket questions, Emergency New Business deadlines, lost and found, the Boutique, dinner shuttles, guests and visitors, and other delegate services available throughout the week. Attendees were also reminded that Conference is scent-free.

The Bylaws Committee trustee cochair reviewed several parliamentary procedure topics delegates would encounter during business sessions, including the scope of notice, the scope of motions, and procedures for the question-and-answer period for motions. Participants learned that Bylaw Amendments require sixty days' notice, while policy motions may qualify as Emergency New Business under specific circumstances. The presentation also explained that amendments may be made only to portions of motions marked for change.

The trustee cochair further explained the parliamentarian's role in advising the chair on Standing Rules, bylaws, and policies during business sessions. Participants were reminded that the parliamentarian advises the chair, the chair makes final rulings, and the Conference body determines group conscience.

The role and function of the Reference Subcommittee were reviewed in detail. Participants learned that the subcommittee consists of delegates from each region and helps clarify, refine, combine, and review motions and amendments before they return to the Conference floor. The presenters explained that motions may be referred to the subcommittee when they are similar, controversial, confusing, or require additional clarification. Attendees were also invited to observe Reference Subcommittee sessions during the Conference.

The Center Microphone Monitor reviewed parliamentary procedures and explained how delegates are supported throughout business sessions. Key sections of the Delegate Binder were highlighted, including parliamentary procedures, Standing Rules, the Consent Agenda, the order of motions, and business motions, to help delegates locate materials quickly during debate and voting.

The Center Microphone Monitor also explained how delegates are assisted in understanding procedures, preparing motions and amendments, asking questions appropriately, and determining whether motions are in order. Participants were encouraged to approach the Center Microphone Monitor whenever clarification or assistance was needed during business sessions.

The Center Microphone Monitor also reviewed the process for participating in "Pro" and "Con" discussions on motions and explained proper microphone procedures, including identifying oneself by name, service body, and region when recognized by the chair. Participants were reminded that they could call for a Question of Privilege and request the Serenity Prayer if business sessions became tense.

The presenters encouraged delegates to ask questions, participate fully, and remember that they were not alone throughout the Conference process. The workshop concluded with a welcome on behalf of the Conference Planning Committee, the Conference Support Committee, the Board of Trustees, and the World Service Office staff, followed by "I Put My Hand in Yours."

Keeping the Light On Workshop Summary

Leaders

- Beverly M., Region One Trustee Liaison
- Sandy M., Virtual Region
- Vicki W., Region Three

Purpose

To focus on Tradition Seven and the vital role of unity in our Fellowship. Tradition Seven states, "Every OA group ought to be fully self-supporting, declining outside contributions." Unity, the heartbeat of OA, keeps our meetings strong and our message alive. As OA members we each have a role of "keeping the light on" (ensuring our groups remain active, welcoming, and self-supporting) for ourselves and others. This means making sure our groups are welcoming, self-supporting, and unified so that OA remains a safe haven for recovery.

- The workshop was well attended. The room was packed.
- Speakers shared their personal experience, strength, and hope, as well as useful information about what happens "behind the scenes."
- There were a lot of questions and answers and the session was extended at the request of attendees, who were very interested and engaged, wanting to know more about OA finances and how they could help.
    - Attendees shared ideas of how they encourage Seventh Tradition, such as a one-minute pause with a QR code and/or link being screen shared with no announcements and watching for the OA quarterly contributions report to report back to their meeting.
- ARC (automatic recurring contributions) and how to leave a bequest to OA were presented. Forms were shared, and attendees were asked to take the information home to their meetings and service bodies. When thinking about ARC, think about those old monthly dues to health clubs and diet clubs that didn't get used.
- Three members took an action item to figure out how to show videoconference attendees either how much money or how many folks in the room have contributed. This is an idea on how to replicate, in some way, the passing of the basket.
- Laurie O., Virtual Region trustee liaison, led us in a powerful exercise of closing our eyes and imagining waking up tomorrow and there was no OA. This allowed attendees to be present to the necessity of supporting OA in every way possible.

World Service Attending Delegates

For Use Within OA Only

To preserve privacy and anonymity, this section is not included in the online report.

Region	Number of Delegates
1	15
2	17
3	24
5	15
6	18
7	10
8	14
9	21
10	3
Virtual	26
TOTAL	**163**

The total number includes Board of Trustees, region chairs, and delegates.

Business Conference Policy Manual

The Business Conference Policy Manual can be found on oa.org at https://oa.org/documents/business-conference-policy-manual/.

OA, Inc. Bylaws, Subpart A

OA, Inc. Bylaws, Subpart A can be found on oa.org at
https://oa.org/documents/bylaws-subpart-a-corporate-organization/.

OA, Inc. Bylaws, Subpart B

OA, Inc. Bylaws, Subpart B can be found at
https://oa.org/documents/bylaws-subpart-b/.

OA, Inc. FY2025 Financial Report

The OA, Inc. FY2025 Financial Report can be found on oa.org at https://media.oa.org/app/uploads/2026/04/01115252/2025-audit-of-oa-inc.pdf.